

BYLAWS - EFPP CONSTITUTION

BYLAWS

THE FOLLOWING MINIMAL TRAINING STANDARDS HAVE BEEN AGREED FOR QUALIFICATION OF PSYCHOANALYTIC PSYCHOTHERAPY PRACTITIONERS IN THE PUBLIC SECTOR

B) PSYCHOANALYTIC GROUP PSYCHOTHERAPY TRAINING*

Amended and adopted March 2017 at the Delegates Meeting Berlin

1. Training can occur only in an organisation which has training as one of its specific purposes. Therapists and supervisors will have been formally approved by the training organisations as competent for training purposes. The training organisation will keep a record of its members.

2. That record will clearly define those who are entitled to practice as independent and qualified psychoanalytic group psychotherapists. It must include those senior members who are qualified through service and experience but who may not have undergone formal training. This applies only to countries new to psychoanalytic group psychotherapy or in exceptional cases and during a limited period of time.

3. For recognition by EFPP, the training organisation's criteria for qualification as a psychoanalytic group psychotherapist shall fulfil the following minimal requirements.

The qualification as Psychoanalytic group psychotherapist may be obtained by an *integrated training* programme in PGP or by a *comprehensive training* in PGP.

- The qualification by *integrated training* in PGP means that the training in PGP is based on the qualification in individual psychoanalytic psychotherapy for adults or for children/adolescents according to EFPP standards.

- The qualification by *comprehensive training* means that the training on PGP is totally based on a specific training programme in PGP.

The training programme may be divided in a *basic level* and in a *graduating level*. The basic level should include at least half of the requirements of the full requirements.

In the following the training requirements for both training programmes are separately indicated. The meaning of 1 hour is corresponding to 60 minutes.

3.1. Duration

For both programmes a duration of at least 3 years.

3.2. Personal psychoanalytic group psychotherapy experience

For *comprehensive* training programmes at least 240 hours.

For *integrated* training programmes at least 120 hours.

The personal psychoanalytic group psychotherapy experience in conjunction with the training should last for at least two consecutive years and can take place in a mixed group, with patients who are not in training, or in a therapy group composed of students.

3.3. Supervision

Comprehensive training programme: 120 hours of supervision of at least two **one** weekly groups of patients (two long term groups or one long term group and two short term groups).

The supervision should last over at least 3 years and should take place preferably in a group. *Integrated* training programme: 120 hours of supervision of at least one weekly group of patients; the supervision should last over at least 3 years and should take place preferably in a group.

3.4. Theory seminars

For both programmes seminars in psychoanalytic group psychotherapy and psychoanalytic psychotherapy not less than 160 hours.

4. Before qualification as a psychoanalytic group psychotherapist the student will have gained clinical experience in settings where a variety of psychological disturbances will be encountered; this will acquaint him or her with the full range of mental disturbances, different modes of therapy, and the professional and institutional dimensions to the provision of health services.
5. The candidate's personal suitability and progress will be evaluated throughout the training; only exceptionally will a candidate be accepted who does not have university degree or an equivalent professional qualification.

*) Psychoanalytic Group Psychotherapy includes different approaches and schools such as Group Analysis by Foulkes and Bion, Gruppo Operativo etc.