

CPD Training Opportunities

Perinatal Loss: the Impact on the Couple and the Next Generation

Date: Saturday 14 May 2022, 10am to 2pm

Speaker: Marguerite Reid

In this online workshop, Marguerite Reid will discuss the impact of perinatal loss both on the couple relationship and on the next generation, considering states of mind from a psychoanalytic perspective.

She will look at the effects of perinatal loss on the woman, the parental couple and also the children within the family, as well as any child or children born following a perinatal loss. She will also examine the way this can play out in subsequent generations, for example how a perinatal loss can impact on the emotional wellbeing of children and adolescents as well as contribute to difficulties that young adults may encounter in forming relationships and becoming parents.

The morning will include a mixture of presentation and group discussion, and relevant clinical material will be addressed. It will be of interest to clinicians working with both individuals and with couples, as well as those working with parenting issues. Perinatal loss can often remain 'a secret in the family', and can lead to complex emotional issues.

Cost: £55

Venue: Online via Zoom



Tell Me the Truth About Love: Psychoanalytic Work with Couples

Date: Friday 10 June, 5.30pm to 7pm

Speaker: Susanna Abse

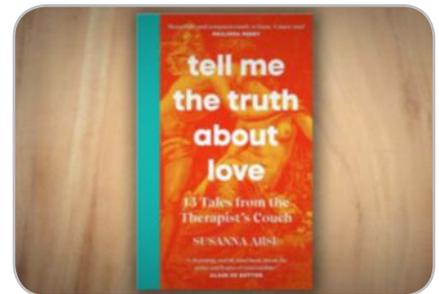
In this early evening online event, Susanna Abse will talk about her forthcoming book, *Tell Me The Truth about Love*, and present her thinking on love and the couple relationship and, after more than 30 years of practice, her understanding about the work of the psychoanalytic couple psychotherapist.

Susanna will talk about the nature of truth in the context of intimate relationships and how the question of what is truth goes to the heart of couple psychotherapy; the need both to face the truth of our own experience, as well as that of our partner. She will discuss how the couple relationship is at the centre of our lives and how we are born wanting to reach out and relate to others, and how everyone has a deep, unconscious internal structure rooted in the idea of intimate connection

Susanna will then have a conversation with Andrew Balfour, CEO of Tavistock Relationships, addressing the question of how psychotherapists can show the process of therapy to the general reader and the challenges of depicting the work with couples. Susanna will share how what couples bring to therapy seems to have changed over the decades. There will also be the opportunity for the audience to ask questions.

Cost: £20

Venue: Online via Zoom



For Summer Schools see final page

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Working with Guilt and Shame: Clinical Challenges

Date: Saturday 11 June 2022, 10am to 4pm

Speaker: Dr Jan McGregor Hepburn

As clinicians, we understand that the presence of persecutory guilt can be a considerable obstacle to internal change. While through the therapeutic process we hope that persecutory guilt can be replaced by feelings that lead towards reparation, progress can be challenging and can often be thwarted if the person feels too worthless to be reprieved.

An examination of guilt also requires an examination of shame, terms which are often used together but which have several differences. The feeling of shame is more than the primitive precursor to guilt; for shame to exist there has to be a person. If the self has been depersonalised there is essentially no one to feel shame.

At this full-day online seminar, Dr Jan McGregor Hepburn draws on her longstanding experience to clearly illustrate the processes of guilt and shame, and to look at the clinical challenges of working where shame and/or guilt predominate.

Cost: £70

Venue: Online via Zoom



Lights, Camera, Therapy: In Conversation with *Couples Therapy's* Dr Orna Guralnik

Date: Friday 24 June 2022, 6pm to 7.15pm

Speaker: Dr Orna Guralnik

In this early evening online event, we are delighted to welcome Dr Orna Guralnik to Tavistock Relationships.

Dr Guralnik's documentary series *Couples Therapy*, available in the UK on BBC iPlayer, has brought the intense work of the couple psychotherapist to a general audience, and has been widely praised on both sides of the Atlantic.

We now have the opportunity to listen to Dr Guralnik in this live event in which she will discuss her work and her insights into the making of her documentary series, in conversation with Tavistock Relationships's Lorna Robinson.

She will also present some out-takes that didn't make it to the final edit of the documentary series as a way of highlighting her particular clinical concerns.

After the interview section of this event, Dr Guralnik will take questions from the audience on all aspects of her work and her thinking.

Cost: £20

Venue: Online via Zoom



Photo courtesy of SHOWTIME

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Sex and Psychoanalysis

Date: Saturday 9 July 2022, 10am to 4pm

Speaker: Linsey Blair

In this day-long in-person workshop, Linsey Blair will explore the ways in which psychoanalytic thought can be applied to the sexual relationship.

Linsey is a sex therapist with a psychoanalytic predisposition, and views a couple's sexual relationship as the projective stage for their shared internal conflict. In this view, sex is the place that unconscious phantasies meet, dovetail and – often in the case of sexual dysfunctions – harden into a belief. It is the place where object relations come alive.

Through a mixture of presentations and work in small groups, and using clinical material to illustrate her thinking, Linsey will explore the ways in which the sexual relationship and sexual dysfunction can be thought about psychoanalytically. She will discuss the impact of breaks during early mother/infant mirroring, during negotiation of the oedipal situation and later during adolescence on eventual adult sexual integration, and clinical approaches to these difficulties using a combination of psychodynamic and psychosexual techniques.

There will be the opportunity for attendees to discuss their own clinical material.

Cost: £80 (£70 if booked and paid for by Friday 27 May 2022)

Venue: Hallam House, 56-60 Hallam Street, London W1W 6JL



Trainings at Hallam House take place on upper floors, and are accessible by lifts with the following specification: Type 1 provides only limited accessibility for persons using a manual wheelchair as described in EN 12183:2014 or an electrically powered wheelchair of class A described in EN 12184:2014. This car accommodates one wheelchair user without an accompanying person.

Self-Directed Learning with Pre-Recorded Online CPDs

We offer a range of online counselling and psychotherapy video-lecture courses for self-directed learning from leading authors, practitioners and lecturers. Purchase provides at least three months' access to materials from the date of purchase.

Online Therapy: How to Make the Transition to Working Online, and How to Develop Good Practice

Presenter: Pierre Cachia, Couple Psychoanalytic Psychotherapist and Head of Tavistock Relationships' Online Therapy Service

Cost for three months' access from date of purchase: £95

Tavistock Relationships Authors Series 1 – Introducing Couple Psychotherapy

Presenters: Stanley Ruszczynski, Mary Morgan, Warren Colman, Dr David Hewison, Andrew Balfour and Dr Christopher Clulow

Cost for three months' access from date of purchase: £95

Psychological Processes in Divorce

Presenter: Dr Avi Shmueli, Psychoanalyst and Couple Psychotherapist, Head of Tavistock Relationships Divorce and Separation Service

Cost for three months' access from date of purchase: £45

For full list of available pre-recorded courses see <https://learninghub.tccr.ac.uk/shop/>

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Summer Schools

Please see page three or our website for details about wheelchair access at Hallam House.

Advanced Couple Therapy International Summer School 2022: Technique in Psychoanalytic Couple Psychotherapy

Dates: 5-8 July 2022, 10am-5pm

Trainers: Experienced members of Tavistock Relationships, including Mary Morgan, Stanley Ruszczynski and Andrew Balfour

The 2022 Advanced Couple Therapy Summer School, for couple-trained therapists already working in the field, will explore different aspects of technique in psychoanalytic psychotherapy with couples, including interpretation and the place of transference.

The Advanced Summer School provides a unique opportunity to immerse yourself in cutting-edge thinking with a world-leading couple psychoanalytic psychotherapy institute.

You will learn and grow as a couple therapist through theoretical seminars and twice-daily intensive clinical discussion groups, and will study alongside like-minded people from the UK and around the world. Included in the course fee is the cost of a theatre ticket to a London show, which will be attended as a group on the Wednesday evening, and discussed in a seminar the following day.

Seminars and clinical discussion groups will be led by experienced members of Tavistock Relationships, including Mary Morgan, Stanley Ruszczynski and Andrew Balfour.

The Advanced Summer School programme has been unable to run in person for a couple of years due to the pandemic, and we are delighted to be able to return to face-to-face teaching this year and to welcome students to our home in London.

Cost: £699

Venue: Tavistock Relationships, Hallam House, 56-60 Hallam Street, London W1W 6JL



Developing Skills in Couple Work – Summer School

Dates: 12-15 July 2022, 10am-5pm

Trainers: Tavistock Relationships clinical training staff

This course is open to those interested in learning more about couple relationships and about working with couples from a psychodynamic perspective. It will be useful to individual counsellors and individual, child, family and group psychotherapists, and to those in the helping professions, such as clinical psychologists, psychiatrists and social workers.

The course aims to:

- introduce the central concepts used in understanding unconscious processes in couple interaction
- offer a framework for understanding conscious and unconscious communication in couples that is grounded in theory, clinical case examples and seminar discussion
- enable you to begin to make use of psychodynamic concepts in formulating and understanding the relationship aspect of your work with couples or individuals
- give each participant the opportunity to present some work and learn from the work of others.

Two lectures each day will include:

- transference and countertransference in couple therapy
- working with the sexual relationship
- unconscious processes in the couple relationship
- thinking about the couple in individual work.

There will be two participant clinical presentations each day, providing an opportunity for attendees to discuss their own material in small groups led by experienced couple therapists.

Cost: £699

Venue: Tavistock Relationships, Hallam House, 56-60 Hallam Street, London W1W 6JL



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