

# Pandemic in our lives

## *Impact on our patients*

September 25th, 2021



[www.efpp2021.gr](http://www.efpp2021.gr)



CO-ORGANIZING SOCIETIES

Hellenic Association for Child and Adolescent Psychoanalytic Psychotherapy

Hellenic Institute for Group Analytic and Family Psychotherapy

Hellenic Organisation for Psychotherapy and Education (H.O.P.E.) in Group Analysis

Hellenic Society for Psychoanalytic Group Psychotherapy

## INVITATION

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Dear colleagues,

Against our hopes, Europe is still living under the coronavirus threat. The pandemic is still here affecting us and our patients. Since its outbreak, the security and confidence provided by the usual therapeutic frame had become questionable. Many questions have been raised in the therapists' minds and there was an active search of spaces where they could be expressed and shared with others.

How can we ensure the continuation of the treatment in these life-threatening conditions? How can we work therapeutically in such a context? Can we talk about inner reality, when the outer reality seems overwhelming? Can we put aside the collective trauma to which both patient and therapist seem to be equally vulnerable? How does this unprecedented situation stir up primitive anxieties, and how can we contain them through the screen, or in the therapeutic room wearing masks?

Therapists across Europe, acknowledging the many fears, felt the need to remain open in front of these new experiences, to address and reflect together about them. The loss is here, but also the challenge.

In this context, we are pleased to announce the EFPP Online One Day-Conference on **"Pandemic in our lives: effects on our patients"** to be held on **September 25<sup>th</sup>, 2021**.

The structure of the Conference will retain the characteristic of the EFPP conferences, with discussion groups (in break-out rooms) after the main lecture, followed by a round table discussion with the participation of representatives of all four EFPP sections.

We look forward to an interesting discussion and exchange of ideas with the help of the technology that will bring us closer despite the distance. **So, please book the date!**

The Organising Committee

## ORGANISING COMMITTEE

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**President:** Effie Layiou-Lignos

**Members:** Lida Anagnostaki • Evie Athanassiadou • Cristina Călărășanu,  
Athena Chatjoulis • Maria Teresa Diez • Eirini Ioannovich • Nikos Stathopoulos

**09.30 – 10.00: WELCOMING ADDRESSES & SALUTATIONS**

**Chair: Effie Layiou-Lignos**

**Maria Eugenia Cid (President of the EFPP)**

**Maria Teresa Diez (Honorary Secretary of the EFPP)**

**10.00 – 11.30: KEYNOTE SPEECH**

**Chair: Effie Layiou-Lignos**

**Psychoanalysis behind the screen: some personal reflections**

**Alessandra Lemma**

**11.30 – 11.45: BREAK**

**11.45 – 13.00: DISCUSSION GROUPS**

**13.00 – 14.00: LUNCH BREAK**

**14.00 – 15.30: ROUND TABLE: “TOWARDS A COMPREHENSIVE REFLECTION ON THE IMPACT OF THE PANDEMIC IN OUR WORK”**

**Chairs: Dimitris Anastasopoulos, Cristina Călărășanu**

**Nothing I see is real and nothing is not**

**Alessandra Chinaglia (Adult)**

**The child, the adolescent and the therapist: playing and the pandemic reality**

**Evie Athanassiadou (Child & Adolescent)**

**Pandemic days: distance and intimacy in working with groups**

**Gila Ofer (Group)**

**Estrangement and intimacy in the time of zoom**

**Mary Morgan (Couple & Family)**

**15.30 – 15.45: BREAK**

**15.45 – 16.45: DISCUSSION ON THE ROUND TABLE TOPICS**

**16.45 – 17.00: CLOSING**

**IMPORTANT NOTE: ALL REFERRED HOURS ARE IN CET TIME ZONE**

## Alessandra Lemma

Keynote speaker

Professor Alessandra Lemma is a Fellow of the British Psychoanalytic Society and Consultant Clinical Psychologist at the Anna Freud National Centre for Children and Families. She is Visiting Professor, Psychoanalysis Unit, University College London. For many years she worked at the Tavistock Clinic where she was, at different points, Head of Psychology and Professor of Psychological Therapies. She was the Editor of the New Library of Psychoanalysis book series (Routledge) until 2020 and was one of the regional Editors for the International Journal of Psychoanalysis until 2018. She has published extensively on psychoanalysis, the body, trauma and the psychic impact of new technologies.

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## Evie Athanassiadou

Round table speaker

Clinical Psychologist, Child and Adolescent-Psychotherapist. Vice President of the Hellenic Association of Child and Adolescent Psychoanalytic Psychotherapy. Currently working as an external supervisor at "Aghia Sophia" Children's Hospital Child Psychiatric Clinic, University of Athens Medical School and "The Smile of the Child" Day Hospital for abused children. She has worked as a psychoanalytic psychotherapist in residential settings, and head of a helpline for children and adolescents. She has taught in graduate and postgraduate programs in collaboration with Tavistock clinic and East London University and University of Athens Department of Clinical Psychology. She is a teacher of theoretical and clinical seminars and infant observation in Athens. She has published in Greek and English. She is also in private practice in Athens.

## Alessandra Chinaglia

Round table speaker

Psychologist – Psychoanalytic Psychotherapist, Psychiatric Social Worker. President of Soci Italiani EFPP from 2020. For many years worked at Public Psychiatric Service in Venice. She trained since 1978 at the Hampsted Clinic (Anna Freud Centre now). She had seminars with Anna Freud, supervision with Adam Limentani, Egle and Moses Laufer and Vera Pettitt with whom she collaborated in a research project in DCA disturbances. She is a member of FT in the SIPP (Società Italiana di Psicoterapia Psicoanalitica). She was coordinator of Supervisors SIPP in Italy. Also, Adjunct Professor of Dynamic Psychology, School of Spe-

cialization of Psychology of the Life Cycle, Università degli Studi di Padova, 2003 - 2013. She has many publications; among them "Architecture and psychoanalysis. Nathaniel Kahn and the search for the father" (with A. Cornoldi), International Forum of Psychoanalysis, 2018, and also Ritorno al Mare (poems) foreword by Francesco Semi, Pisa, Editore Giardini, 1978.

## Mary Morgan

Round table speaker

Mary Morgan is a Psychoanalyst and Couple Psychoanalytic Psychotherapist, Fellow of the British Psychoanalytical Society, Senior Fellow of Tavistock Relationships and Honorary Member of the Polish Society for Psychoanalytic Psychotherapy. She is European member of the IPA Committee in Couple and Family Psychoanalysis.

Until recently she was the Reader in Couple Psychoanalysis and Head of the MA in Couple Psychoanalytic Psychotherapy at Tavistock Relationships, London. She has written extensively in field of couple psychoanalysis, teaches and supervises internationally and has a private analytic practice. Her book: "A Couple State of Mind: Psychoanalysis of Couples – the Tavistock Relationships Model" was published recently by Routledge.

## Gila Ofer

Round table speaker

Gila Ofer, Ph.D is clinical psychologist, training psychoanalyst and group analyst. She has a BA in English and French literature, M.A and PhD in clinical psychology. Dr. Ofer is the founder and past president of The Tel-Aviv Institute of Contemporary Psychoanalysis (TAICP) and a founding member of The Israeli Institute of Group Analysis (IIGA) and she serves on the faculty of both institutes of the Post-Graduate School for Psychoanalytic Psychotherapy, Tel-Aviv University. Dr. Ofer has been the chair of the group analytic section and board member of the EFPP, and later a conjoint member of the board as the coordinator of Eastern European countries of the EFPP. Dr. Ofer is the editor of the EFPP Psychoanalytic Psychotherapy Review. Her edited book "A Bridge over Troubled Water: Conflicts and reconciliation in Group and Society" was published on 2017.

## GENERAL INFORMATION

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### DATE

Saturday, 25 September 2021

### LANGUAGE

English is the official language of the meeting.

### CERTIFICATES OF ATTENDANCE

Certificates of attendance will be sent to participants by email, in due time after the meeting.

### REGISTRATION

Applications to attend the meeting can be made by completing the online Registration Form, available at the conference's web site ([www.efpp2021.gr](http://www.efpp2021.gr))

Registration fees are as follows:

CATEGORY	COST IN EUROS
Standard	60
Reduced - Students & trainees of psychoanalytic societies only (proof of status required)	40

**Important note:** Last date for registration is Sunday, 19 September 2021.

### METHOD OF PAYMENT

Payment of registration fees can be made in one of the following ways:

**1. By credit card**

Payment by credit card can be made using the online Registration Form, available at the conference's web site

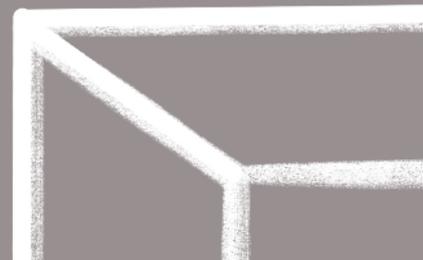
**2. By money transfer to the following bank account:**

Bank: Alpha Bank

Swift / BIC: CRBAGRAA

Account Number (IBAN): GR26 0140 1070 1070 0232 0004 632

Beneficiary: P. Marlandis - Easy Travel



For payments by money transfer, please note that:

- All bank charges - including those of the Greek banks - must be paid by the registrant and not by the beneficiary.
- A copy of the bank's document clearly stating the name and address of the sender must be sent to the Congress Secretariat.

### CANCELLATION AND REFUNDS POLICY

Cancellation of registration must be made in writing to the Conference Secretariat. For cancellations up to 25 August, registration fees are refundable, **minus** Euros 15 for administrative expenses. For cancellations after that date, no refunds will be made. Refunds will be made after the end of the Conference. Bank charges will be deducted at source.

### CONFERENCE ORGANIZING BUREAU & SECRETARIAT

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