

## PRESENTERS

**Yulia ALTARYOVA** – gestalt therapist, psychologist of the center of additional education “Leader”.

**Inga BADALYAN** -gestalt therapist, supervisor, trainer of Moscow Gestalt Institute (MGI), head of the psychological service for gifted children “Search”, head of the section of gestalt and psychodrama in APPD.

**Nadezhda VOROBYOVA** - gestalt therapist, psychodrama therapist, psychologist of the center of additional education “Leader”, president of APPD.

**Victor YENIN** – candidate of sciences in psychology, psychoanalytic psychotherapist, group analyst, psychotherapist of the European Register, associate professor of the chair of general and applied psychology of North Caucasus Federal University, member of the board of APPD.

**Marina KOVALENKO** – psychologist, psychotherapist, candidate of sciences in psychology, certified group analyst, candidate of the International Psychoanalytic Association, member of the South Russian psychoanalytic society, member of the board of APPD.

**Tatyana LITVINOVA** -psychologist, psychotherapist, candidate of sciences in philosophy, head of Stavropol regional non-profit organization of practical psychology and additional professional education “Union of psychologists”, member of the professional committee of APPD section of psychoanalysis.

**Nadezhda MITRYASHKINA** - psychologist, psychotherapist, certified group analyst, member of the professional committee of APPD section of psychoanalysis.

**Galina MOSCOTININA** – psychoanalytic psychotherapist in private practice, group analyst, member of the board of SRPA, head of a group of development of group analysis. Artist.

**Svetlana OFITSEKOVA** – psychologist, psychoanalytically oriented psychotherapist, member of the board of APPD, candidate of sciences in psychology, associate professor of the chair of general and applied psychology of North Caucasus Federal University, head of APPD section of psychoanalysis, member of the board of APPD.

**Sergey PESHKOV** – psychologist, guidance counselor and of the Regional psychological center, full member of SRPA, head of SRPA Learning Committee, full member of the Society of Psychoanalytic Psychotherapy.

**Tatyana ROUSSANOVA** - psychologist, psychoanalytically oriented psychotherapist, member of the professional committee of APPD section of psychoanalysis, member of the board of APPD.

**Yelena TINKOVA** – doctor of sciences in biology, head of the chair of psychophysiology, health and safety of Stavropol State Pedagogical Institute (SSPI), head of SSPI research laboratory of applied psychophysiology, associated member of ADPP.

**Lyudmila UDODOVA** - psychologist, psychoanalytically oriented psychotherapist, candidate of the International Psychoanalytic Association, member of the South Russian psychoanalytic society, member of the professional committee of APPD section of psychoanalysis.

**Anna TSAPENKO** – director of Moscow Institute of Group Analysis (MIGA), training group analyst, full member of the Society of Psychoanalytic Psychotherapy (Moscow).

**Andrey CHERNOV** - gestalt therapist, supervisor, trainer of Moscow Gestalt Institute (MGI), candidate of sciences in psychology, associate professor of the chair of general and applied psychology of North Caucasus Federal University, vice-president of APPD.

## Program Committee

Inga Badalyan  
Nadezhda Vorobyova  
Victor Yenin  
Marina Kovalenko  
Svetlana Ofitserova  
Tatyana Roussanova  
Andrey Chernov

## Organizational Committee

Yulia Gryaznova

Conditions and terms of payment, additional information,  
and conditions of entry:

Nadezhda Vorobyova 8-918-863-93-07

Yulia Gryaznova 8-928-314-75-40

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Registration fee for participation in the conference – 3500 roubles.

For ADPP members and participants  
of earlier conferences – 3000 roubles

Official partner of the conference:

Chair of Psychology: Institute of Education and Social Sciences,  
North Caucasus Federal University.

SEE YOU AT THE CONFERENCE!

# IX Conference

on psychotherapy and psychoanalysis  
“THE BORDERS OF THE POSSIBLE...”

November  
16-17

2019

Stavropol (RUSSIA)



## **Saturday; November, 16**

9.30 – 10.00 – registration of participants

10.00 – 10.20 – opening of the conference

10.20 – 11.45 **Yelena Tinkova, Tatyana Litvinova, Nadezhda Mitryashkina (report) “Seeing myself in you, as if you are a mirror...”** “I loved all warm-blooded animals, because they are like people (...) they have souls, and they seem understanding everything. Like people, they know joy and sadness, hatred and love, hunger and thirst, fear and faith, but they cannot talk or comprehend, and they have no abilities for science. (...) My “compassion to all God’s creatures” was only for warm-blooded animals. But I felt some sympathy to toads and frogs because of their likeness to people”. – K.-G. Jung

12.00 – 12.15 presentations of events

12.15 – 13.15 thematic talks in small groups

Room 1 – **Tatyana Litvinova “Fairy tales and rationality of psychotherapy” (report)**. We grew up, we went through life, when life was writing our fairy tales. Living in reality, we dearly kept in our souls those who protect us, heroes and evil-doers, our belief in miracles, fear of supernatural evil, dream of magic power, and many other things... Every psychotherapy is a kind of «fairy tale therapy». A therapist inevitably contacts the cherished fairy tale of the client. What is to be done? Strengthen the client’s belief in fairy tales? Destroy it? Begin a dialogue with it?

Room 2 – **Inga Badalyan, Andrey Chernov “The Psychotherapist’s philosophy: professional and personal” (lecture)**.

Room 3 – **Marina Kovalenko, Svetlana Ofitserova “Body as a target...”** The physical body, the grieving soul, the rational mind break into one’s being. They can damage the soul turning it into a suffering body and blocking inner wishes. “As soon as words appear, the story begins to unfold...”

13.15 – 14.30 - dinner

14.30 – 14.45 – presentation of creative workshops

14.45 – 16.45 - creative workshops

Room 1 – **Yulia Novikova “The lost kingdom”** – working with consequences of a single-blow trauma depicted in the body. Body-oriented psychotherapy emphasizes bodily experience, restores psychological boundaries and psychobiological processes.

Room 2 – **Galina Moskotinina “Boundaries in sexuality” (art workshop)** Works of brilliant artists reflect suppressed forbidden drives and fantasies of the historic and cultural matrix of their time. Participants of this workshop will come in touch with erotic art of different cultural epochs from ancient time to our days, and creatively explore their feelings.

Room 3 – **Yulia Altaryova, Nadezhda Vorobyova “Borrowed life” (gestalt workshop on feeling full)**  
17.00 – 17.45 – **Anna Tsapenko “Group analysis and social messages. Social dream matrix.”** This report will introduce you to the method of Gordon Lawrence (1934 – 2013.) Social Dream Matrix (SDM) is an instrument for investigation of a mysterious but surely affecting us sphere of the unconscious. The experience of practicing it at Moscow Institute of group analysis will be described, real examples of the social dream matrix and reflection on it will be given, and some collective meanings and general topics related to the social matrix will be considered.

## **Sunday; November, 17**

10.00 – 10.45 – **Anna Tsapenko, Nadezhda Mitryashkina. Demonstration of forms of the Social Dream Matrix (SDM)**. Participants come together to share their dreams and associations to them. The dreamer will not be analyzed; the dream will be in the spotlight. In the process of appearance of group associations collective symbols are born, never recognized before and the social dream matrix is being formed. Some time will be devoted to reflect on dreams, consider their meanings on social and group levels.

11.00 – 11.45 - **Anna Tsapenko, Nadezhda Mitryashkina. Discussing the Social Dream Matrix (SDM)**.

12.00 – 12.15 – presentation of events

12.15 – 13.15 – thematic talks

Room 1 – **Victor Yenin, Tatyana Roussanova. Psychotherapeutic kitchen. “Temptations of psychotherapy: need to heal, etc...”** The fact that a patient’s fantasy (for example, that the therapist is a magician, a miraculous healer) can correspond to a fantasy in the therapist’s soul, does not mean that it necessarily becomes more than just a fantasy. It becomes a double fantasy, - that of the patient and the therapist. Folie a deux does not cease to be just a Folie...  
Room 2 – **Sergey Peshkov “Inside and outside the border of what is possible”**. Participants will be asked to reflect on establishment of boundaries of the Self in processes of development and transformation, using ideas of object relations theory.

Room 3 – **Lyudmila Udodova “Why war, why illness?” (report)**. Envy creates various forms of resistance to therapy, of which the patient himself will suffer. Aggression, withdrawal, resistance to any therapeutic attempts, reveal the fact that inner war is preferable to enjoying the object. Thus, we can reply to Einstein’s question “why war?” with another question: “why illness?”

13.30 – 14.45 - **Victor Yenin “Freud’s ominous secret: under the sign of silence” (report)**. How does psychoanalysis treat the problem of money? What does it look like, if we look at it not from the usual economic viewpoint, but from the viewpoint of deep processes in the human soul? Why is money still a stricter taboo than sex or death? We see what can be done: let us turn to literature, best of all to the original sources. Sigmund Freud, the creator of psychoanalysis, - surely he can satisfy our curiosity. Let us begin with his works...

15.00 – 15.45 – final group talk; summarizing

16.00 – banquet