

# **3<sup>rd</sup> EFPP Workshop on Infant Observation**

## ***NEUROAFFECTIVE DEVELOPMENT AND EARLY RELATIONSHIPS AS SEEN IN INFANT OBSERVATIONS***

**29 - 31 October 2010  
Stockholm**

**Conference venue: Ericastiftelsen**  
Odengatan 9, 114 24 Stockholm, Sweden  
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# PROGRAMME

## *Friday 29 October 2010*

10:30-12:00 *Registration and coffee*

12:00-12:30 **Welcome and introduction**

*The Erica Foundation:* Gunnar Carlberg

*EFPP:* Anne Holländer

*Conference information:* Britta Blomberg

*Working Party:* Britta Blomberg, Anne Holländer, Effie Layiou-Lignos,  
Simona Nissim, Miriam Rosenthal

12:30-14:00 **Workshop 1: Infant Observation Seminar**

*Observation material*

**Discussion**

14:00-15:00 *Lunch*

15:00-16:30 **Workshop 2: Infant Observation Seminar**

*Observation material*

**Discussion**

16:30-17:00 **Reflections** on the workshops of the day

17:00-18:30 **Mingle**

18:30 *Buffé dinner at The Erica Foundation (paid separately)*

## *Saturday 30 October*

9:00-10:30 **Workshop 3: Infant Observation Seminar**

*Observation material*

**Discussion**

10:30-11:00 *Coffee*

11.00-12.30 **Presentation 1** Main speaker Susan Hart

***“Basic principles of neuroaffective developmental psychology –  
From arousal regulation, through emotional synchrony to  
self-regulation and mentalization”.***

*“Bridging the latest decades of brain research with theories of developmental psychology gives us new insight into personality formation. In this presentation the neuroaffective development of*

*early childhood relational development will be described, and will be discussed alongside the finding, that relational misattunement often are an expression of problems with affect regulation. From this starting point it will be described how to shape interventions on the appropriate competence level of the personality”.*

12.30-13.00 **Discussion with Susan Hart**

13:00-14:00 *Lunch*

14:00-15:30 **Presentation 2** Susan Hart (continued)

15:30-16:00 *Coffee*

16:00-17:30 **Workshop 4:** linked to Susan Harts presentation and commented by her.  
*Observational material*  
**Discussion**

17:30-18:00 **Reflections** on the day

*Chairs: Britta Blomberg, Ann Holländer, Effie Layiou-Lignos  
Simona Nissim, Miriam Rosenthal*

20:00 *Dinner downtown (paid separately)*

## ***Sunday 31 October***

8:30-10:00 **Summing up, planning of the next Infant Observation workshop and Closure**  
*Facilitators: Britta Blomberg, Anne Holländer, Effie Layiou-Lignos,  
Simona Nissim, Miriam Rosenthal*

10:00-11.30 *Coffee farewell*

**We look forward to welcoming you to Stockholm!**

The working party for Infant Observation in the EFPP:

*Britta Blomberg (Sweden), Anne Holländer (Denmark),*

*Effie Layiou-Lignos (Greece), Simona Nissim (Italy), Miriam Rosenthal (Israel)*

For further information and questions concerning the workshop, please contact:

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